Cavallo Point Guided Hikes

Date: March 30, 2011

Start Times:
- 4:30 start time: Bay Trail, Coast Trail or Kirby Cove
- 4:45 start time: Bay Trail or Coastal Trail

Meeting place for hike: Participants will meet their guide at the firepit behind Reception, Building 601 (A). Plan to arrive 10-15 minutes before the hike start time. Please sign up for a hike at the OER 2011 registration desk.

Hike Descriptions*

**Chapel Steps to Bay Trail** - More of stroll than a hike, you will be led under a grove of eucalyptus trees to the retired Battery Yates along the Pacific. This simple yet serene trek leads you into the hills behind Ft. Baker and down into Horseshoe Cove, providing picturesque views of the former military post, the Golden Gate Bridge, and the Bay. This walk is perfect for those wanting to experience a piece of Marin’s natural beauty. Distance: 2 miles round trip Time: Approximately 30 to 60 minutes (roundtrip) Level: Easy

**Coastal Trail** - Saunter amongst California’s Golden Poppies as the Coastal Trail leads up into the Marin Headlands. This hike is the launching point from Ft. Baker to many trails scattered throughout the Headlands. Roundtrip, this hike can take up to 2.5 hours, or longer if you decide to venture farther into Marin’s countryside. Taking along a camera might be a wise choice, as you will get pleasant views of the San Francisco Bay. Distance: 3 miles round trip Time: Approximately 2 to 2.5 hours + (roundtrip) Level: Low moderate

**Kirby Cove** - Kirby Cove nestles at the foot of the Marin Headlands just west of the Golden Gate. From Ft. Baker, the hike up Conzelman Rd. and down through a grove of cypress, eucalyptus and pine to the beach takes a little over an hour or so. At the cove, you will find a pristine wedge of course-sand beach with a fabulous view of the Golden Gate Bridge and northern San Francisco—and you might even spy a whale! Distance: 4.5 miles round trip Time: Approximately 2 hours (roundtrip) Level: Low moderate

*Please note that hikes will be modified to allow participants to return for the start of dinner, which is at 6:30 pm*